

## Summer 2026 Newsletter

### Leeds Learning Disability Week

This year Learning Disability Week was from 15<sup>th</sup> June to 21<sup>st</sup> June. Lots of organisations ran events across the city.

We had our Great Summer Chat at the start of the week. On the Tuesday we were at **Asking You's Council Chamber Take Over** Event. Here people with learning disabilities ask Councillors and professionals questions.



We hosted the **Learning Disability Pride March** after the Council Chambers event. Over 100 people with learning disabilities and supporters walked through the city to the Corn Exchange.

People held signs and showed they were proud.



We held the **Being Social Information Event** in Leeds Kirkgate Market on the Thursday. It's for people with learning disabilities, family carers and professionals to find out about services and activities in the city.

There were 30 stalls from different organisations. It was very busy. Over 500 people came to the event. People said really good things about the event.

Everyone was entertained by Dramarama, Becci and Megan. They were all brilliant.





**Aspire's Leeds Learning Disability Picnic** was back on the Friday. Last year it was cancelled because there was a heatwave which would have made it unsafe.

We had a stall and enjoyed talking to lots of people.



## What's Coming Up

We are running **Having Good Relationships Training** on Thursday 6<sup>th</sup> August 1pm-3pm. It will run every Thursday for 4 weeks.

It is for people with learning disabilities in Leeds who want safe and happy relationships. Ring Sarah 0113 270 32 33 to book.

## The Great Autumn Chat

**Monday 21<sup>st</sup> September, 1pm - 3pm**  
Quizzes, bingo and what's on

At  **Connect**  
in the North

Office 45, First Floor, Sugar Mill  
Oakhurst Road, Leeds LS11 7HL

Let us know if you are coming,  
or if you want a link to join on Zoom.  
ring 0113 270 32 33  
or email [sarah@citn.org.uk](mailto:sarah@citn.org.uk)

## The Great Autumn Chat

Monday 21<sup>st</sup> September  
1pm-3pm.

Join us for the quiz, bingo and a chat about what's on in Leeds this autumn.

We only have 20 places so you need to book.

Ring **0113 270 32 33** to book on in person or email [sarah@citn.org.uk](mailto:sarah@citn.org.uk) to get the link to join online.



## Running Your Own Group Training

Free training for people with learning disabilities  
by Trust Leeds

Thursday 23<sup>rd</sup> and Thursday 30<sup>th</sup> July 2026  
10am-3pm

At Connect in the North, Office 45, The Sugar Mill, LS11 7HL



**Would you like to be able to set up your own group and keep it going?** This training is for people who want to make things happen for themselves.

The group would be self-reliant. This means you would be in control, and it would be up to you to make it work.



You could set up a social group, a local meet up or a group about a shared interest. You decide.



At the end of the training, you will understand what a Self-Reliant Group is and how it works. You'll feel confident to manage a new group and you will know how to get support to keep going.

**Book your place by emailing [sarah@citn.org.uk](mailto:sarah@citn.org.uk) or ringing 0113 270 32 33**

**You must come to both days. There will be a light lunch.**



Connect in the North are looking for new **directors** to join us. It isn't a paid role but it does put you in charge of the organisation.

You need to have a learning disability, a current Passport and be able to manage your own affairs.



Vicky Hiles  
Chair



Arron  
Simpson



Robert  
Stephens  
Treasurer



Kenneth  
Fletcher



### Connect with us

Phone 0113 270 32 33

Write to Connect in the North  
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